



ASSOCIATES IN ORAL & MAXILLOFACIAL SURGERY

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POST-OPERATIVE INSTRUCTIONS FOR IMPLANTS

1. Put dentures in according to the doctor's instructions.
2. Maintain a diet of soft, nonchewing food for 1 week.
3. Rinse your mouth after eating with warm salt water solution (1/2 teaspoon salt in a large glass of warm water).
4. Ice may be helpful to control swelling and discoloration. Place ice packs on the outside of your face in the area of the implants.
5. Take medications as prescribed.
6. Avoid smoking, alcohol and sugar, as these may affect gum healing and may limit the success of the implant.
7. Do not drive for at least 24 hours after having a general anesthesia or IV sedation.

NOTE: IN CASE OF SEVERE PROBLEMS, CONTACT THIS OFFICE OR PHONE 520-745-6531. (Answering Service 520-570-1817)