



## ASSOCIATES IN ORAL & MAXILLOFACIAL SURGERY

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### **POST-OPERATIVE INSTRUCTIONS FOR FULL MOUTH EXTRACTIONS WITH IMMEDIATE DENTURES**

1. See your General Dentist or Prosthodontist as instructed.
2. Remove dentures in 24 hours to clean and reinsert.
3. Maintain a diet of soft, nonchewing food for one week.
4. Rinse your mouth after eating with warm salt water solution (1/2 teaspoon salt in a large glass of warm water).
5. Ice may be helpful to control swelling and discoloration. Place ice packs on the outside of your face in the area of the extractions.
6. Take medications as prescribed.
7. Avoid smoking, alcohol and sugar, as these may affect gum healing.
8. Do not drive for at least 24 hours after having a general anesthesia or IV sedation.

**NOTE: IN CASE OF SEVERE PROBLEMS, CONTACT THIS OFFICE OR PHONE  
520-745-6531.**