



ASSOCIATES IN ORAL & MAXILLOFACIAL SURGERY

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PRE-OPERATIVE INSTRUCTIONS FOR INTRAVENOUS OR GENERAL ANESTHETICS

1. Do not eat or drink anything (including water) for a minimum of 6 hours prior to your surgery appointment. If you have a morning appointment do not eat or drink anything after midnight.
2. It is important that you take your regular medications (high blood pressure, antibiotics, etc.) at your regularly scheduled time unless told to do otherwise by the doctor. Use only a small sip of water.
3. Please refrain from using tranquilizers, narcotics, alcohol, or recreational drugs which have not been disclosed to the doctor.
4. Please notify the doctor if you have had any change in your medical history since your consultation or if you are experiencing any form of acute illness.
5. On the day of surgery it is appropriate to brush your teeth and rinse your mouth.
6. Please wear loose fitting clothes that allow access to your arms for your surgery. You should not wear make-up and nail polish should be removed.
7. A responsible person should accompany you or be prepared to come for you and take you home by car. You should not drive a vehicle for 24 hours following surgery.
8. Patients under the age of 18 will need a parent or legal guardian present to sign the surgical consent.

DATE OF APPOINTMENT: _____

TIME OF APPOINTMENT: _____